

Montana AMTA Fall Convention

September 30 - October 2

About the Courses

Active Isolated Stretching (AIS) is a scientifically designed flexibility system based on fundamental anatomical movements of joints, ligaments and muscles. AIS has been expanded by decades of clinical trial and observation to become the system we know today.

Pioneered by Aaron L. Mattes, Active Isolated Stretching can be utilized by every person interested in improving their health. Trained practitioners use AIS to advance the recovery of their clients quickly and efficiently. AIS will improve the body's potential to heal and to perform at a higher level in every aspect, (everyday tasks to recreational adventures) of life.

Scar Tissue Release (Review) is open only to those who attended the Scar Tissue Release class last Fall.

About the Instructor

Marjorie Brook, LMT, CIMI, is a nationally certified, New York state licensed massage therapist, certified personal trainer and an advanced Active Isolated Stretching practitioner. She also developed Scar Tissue Release Therapy, a unique program that approaches the multifaceted matrix of fascia three dimensionally to reduce pain and physical scarring.

Marjorie teaches her techniques throughout the U.S. and Europe, offering continuing education courses in Active Isolated Stretching and Strengthening, Scar Tissue Release, and Body Mechanics through her company www.brookseminars.com.

Convention Schedule

Friday, September 30	8:30	Registration
	9:00-6:00	Active Isolated Stretching - Upper Body
Saturday, October 1	9:00-6:00	Active Isolated Stretching - Upper Body
Sunday, October 2	9:00-12:00	Scar Tissue Release (Review)

Convention Location

Hilton Garden Inn
2465 Grant Road, Billings MT 59102
(406) 655-8800

Rooms are \$99 + tax. Double occupancy with two queens or king.
When booking rooms, be sure to let them know you're with the AMTA Fall Convention.

----- *Detach and return with payment* -----

Name _____ AMTA member # _____

Address _____

Phone _____ Email _____

I will be attending and have enclosed payment for:

- AIS Upper Body - 16 CEU - AMTA Member - \$275 (*\$300 after September 9*)
- AIS Upper Body - 16 CEU - Non Member - \$300 (*\$325 after September 9*)
- Scar Tissue Release Review - 4 CEU - \$50

Send check made payable to the **Montana AMTA** to:
Claudia Fife, 1035 Ann's Place, Laurel MT 59044
If paying by Mastercard or Visa, call Claudia at (406) 672-3968